

Concerned About Your Health After The VAX?

(Per the FDA I have to tell you to check with your doctor before taking any supplements or tests. These supplements are not intended to diagnose or treat any illness. This is for information only.)

Why be concerned about having had the vaccine?

Three challenges have been shown to affect people who've been vaccinated.

These include:

1. Blood clots
2. Spike protein (Triggers an immune response and possible autoimmune issues.)
3. Inflammation

(See the Source links below for more information)

Four-Steps To Support Optimal Health and Healing!

STEP ONE: Test

Take these three-tests to make sure your body is running optimally and it is not compromised:

1. **D-Dimer Test:** A simple blood test that can help your healthcare provider determine if you may have a blood clotting condition. [click here](https://www.walkinlab.com/products/view/d-dimer-blood-test) (Direct link: <https://www.walkinlab.com/products/view/d-dimer-blood-test>)
2. **Spike Protein Test:** This immune subset panel test can measure S1 spike proteins in white blood cells and detect any abnormal elevations. [click here](https://www.covidlonghaulers.com) (Direct link: <https://www.covidlonghaulers.com>)
3. **Inflammation Test:** This tests 14 cytokines that have shown to play a role in inflammation. [click here](#) (It is on the same page as the Spike Protein test above)

[NOTE: The vaccine has lipid nanoparticles that take the MRNA throughout the body. Doctors have stated that the MRNA stays in the body and transforms itself into DNA going into the nucleus which could make lifelong challenges. Thus, it's good to test for the spike protein every now and then to make sure it is gone. (See the source links below to learn more.)]

STEP TWO: Supplement Intervention

[Nearly all supplements below are recommended by doctors who've treated patients with vaccine injuries. They will also support your body to function optimally. This statement is not approved by the FDA.]

These supplements have been shown to support blood flow, reduce and inhibit the spike protein and reduce inflammation:

Ivermectin: Binds tightly to spike protein. It can prevent the virus from entering the cells, and it can prevent the virus from replicating. (This is challenging to get without a prescription.)

N-Acetylcysteine (NAC): powerful antioxidant, reduces oxidation of spike proteins, reduces damage after toxicity, and has been shown to restore cells back to normal state. Optional product [click here](#)

Quercetin with Bromelain + Zinc:

Quercetin helps zinc get into the cells and both help with blocking protease. Blocking protease prevents the virus from duplicating in the body. Protease inhibitors are a type of antiretroviral therapy (ART) medication. Bromelain helps break down the spike protein and helps the absorption of Quercetin. [Click here](#)

Curcumin: anti-inflammatory and antioxidant properties. Found in tea and curry. Optional product [Click here](#)

PurO3 (anti-inflammatory ozone therapy): Supports the body to breathe optimally and breakdown the spike protein. You can absorb this through the skin. Optional product [Click here](#)

Vitamin D3 with *K2:

Most people don't get enough D3 & K2. K2 helps calcium get into the bones and has been shown to reduce heart disease by up to 57% by reducing calcium in arteries. Without K2, calcium can end up in your arteries, breasts, brain or other soft tissue area.. D3 supports bones and has many other functions like joint pain, hormone synthesis, supports cell function, mood, heart health, energy, and more! (These are fat soluble vitamins so they **must be taken with food** to be absorbed. Nuts are a great food to get these supplements into the cells.) Optional product [click here](#)

Pine Needle tea: Inhibits the spike protein Optional tea [click here](#)
You can also take Pine Needle Extract. Optional product [click here](#)

Dandelion Leaf Extra: Inhibits the spike protein. Optional product [click here](#)

Chlorella Tablets: Contains a wide range of antioxidants such as omega-3s, vitamin C, and carotenoids like beta-carotene and lutein. These nutrients fight cell damage and help reduce your risk of diabetes, cognitive disease, heart problems, and cancer. Optional product [click here](#) (This is the only supplement recommended by Michelle Melendez of Blossom Inner Wellness.)

***Nattokinase:** Enzyme derived from the Japanese soybean dish 'Natto', is a natural substance that has been shown to help break down fibrin, which is the webby structure that forms the basis of clots to help support circulation. Optional product [Click here](#)

[*NOTE: If you take any prescription blood-thinners like Warfarin, Coumadin, Plavix, etc you certainly wouldn't want to take either Nattokinase or K-2 without consulting a health care practitioner.]

One 30-min Mesenchymal Stem Cell-Based Therapies

Study found, "MSCs therapy can be considered as a biological rheostat **able to reset the entire system** and MSCs as a determinant regulator of both functions **towards homeostasis restoration.**" [Learn more click here](#)

(Find a clinic near you by putting the following into your URL: "stem cell therapy clinic near me" and see what comes up.)

STEP THREE: Detox, Detox, Detox

(Detoxing your body supports cells and organs function optimally!)

Activated Charcoal:

Activated alkaline (pH) coconut charcoal helps to cleanse and support gut health. It also helps remove mold, pesticides, mercury, fertilizer, bleach, drugs and alcohol and more! AND this is a great anti-aging product as well. (Take 2-3 hours after or before supplements and medications)

Optional product [click here](#)

Detox Bath (Pulls out radiation, pesticides, parasites, heavy metals, & nano-tech):

- 1-2 cups of baking soda
- 1-2 cup epsom salts
- ½-1 cup Bentonite clay (Aztec Secrets is a good brand [click here](#))
- 1 cup Borax (pulls nano-tech out)
- Get the bath as hot as you can tolerate it and scrub down for at least 20-minutes.
- Take a detox bath once a week until you feel optimal. Then, at least once a month.

[Important: Pregnant women, children, and people with impaired kidney function should not take detox baths. (Your body may not be able to rid itself of excess magnesium if your kidneys are impaired.) Always **drink plenty of water** before, during, and after a detox bath. Also, get out of the bath immediately if you're shivering, or feel dizzy or faint.]

[NOTE: The complete detox guide can be found here:

<https://worldcouncilforhealth.org/resources/spike-protein-detox-guide/>]

STEP FOUR: Renew Your Relationship With Your Creator

Here is a great affirmation prayer from Dr. Christine Northrop:

*With my spirit I accept divine love throughout my entire being continuously. I ask the creator to **send divine love throughout my entire being continuously** throughout my entire system according to the creator's will.*

Sources:

World Council For Health & Dr. Aseem Malhotra: All mRNA Vaccines Need To Be Immediately Suspended

<https://rumble.com/v1lr5rz-world-council-for-health-and-dr.-aseem-malhotra-all-mrna-vaccines-need-to-be-suspended.html>

DR. SYED HAIDER: HEALING VAX INJURIES AND LONG COVID:

<https://rumble.com/v15girn-dr.-syed-haider-healing-vax-injuries-and-long-covid.html>

Detox from Spike Proteins: Here's How in Under Two Minutes:

<https://rumble.com/v1p5jxo-detox-from-spike-proteins-heres-how-in-under-two-minutes.html>

FOC Show: Dr. Northrup | Clot Shot & Healing from Shot; World's Silver Stockpile | Economic Update

<https://rumble.com/v1kv83j-foc-show-dr.-northrup-clot-shot-and-healing-from-shot-worlds-silver-stockpile.html>

IMPORTANT - Dr. Carrie Madej explains how to detox

<https://rumble.com/voh0gc-important-dr.-carrie-madej-explains-how-to-detox.html>